

CENTER FOR ATTACHMENT & TRAUMA SERVICES
9312 OLD KEENE MILL ROAD, #100, BURKE, VA 22015 (Main Office)
7430 HERITAGE VILLAGE PLAZA, SUITE 202, GAINESVILLE, VA 20155
703-913-8563 PHONE 571-781-4389 FAX
RATE SHEET -- EFFECTIVE JULY 1, 2025 through JUNE 30, 2026

NO INSURANCE ACCEPTED

SERVICE	PROVIDED BY	HOURLY RATE (\$)
Outpatient Services (In Office & Telehealth)*	LCSW, LMFT, LPC (Master's level) PhD, PsyD (Doctoral level)	180.00 190.00
Family Support Services (In Office & Telehealth)*	LCSW, LMFT, LPC (Master's level) PhD, PsyD (Doctoral level)	180.00 190.00
Group Therapy 60-90 minute sessions	LCSW, LMFT, LPC, PhD, PsyD	65-85.00/group member
Court Appearances including Deposition testimony (in response to subpoena, whether called to testify or released less than 24 hours prior to testimony)	LCSW, LMFT, LPC, PhD, PsyD	285.00/hr. 30 minutes prior to time shown on subpoena (NOTE: \$1150.00 minimum fee for subpoenaed appearance whether called to testify or released <24 hours prior to testimony)
Court Preparation (in office or phone conferences with attorneys or related professionals in preparation for court appearance)	LCSW, LMFT, LPC (Master's level) PhD, PsyD (Doctoral level)	180.00 190.00
Off-site meetings or conferences (as requested by county personnel, including FAPT & FPM meetings)	LCSW, LMFT, LPC(Master's level) PhD, PsyD (Doctoral level)	250.00 275.00
In-office meetings or conferences (i.e., participating by phone or videoconference as requested by county personnel, including FAPT & FPM meetings)	LCSW, LMFT, LPC (Master's level) PhD, PsyD (Doctoral level)	180.00 190.00
Safe & Sound Protocol or Rest & Restore Protocol Listening Systems Intake	LCSW, LMFT,LPC (Master's level) PhD, PsyD (Doctoral level)	180.00 190.00
Safe & Sound Protocol or Rest & Restore Protocol Listening Systems In-person or Remote Delivery with Clinician Present	LCSW, LMFT,LPC (Master's level) PhD, PsyD (Doctoral level)	180.00/hr +75 for Playlist Access Per Year 190.00/hr +75 for Playlist Access Per Year
Safe & Sound Protocol or Rest & Restore Protocol Listening Systems At Home Self-directed Delivery w/5, 20 minute Clinician check-ins	LCSW, LMFT,LPC (Master's level) PhD, PsyD (Doctoral level)	270.00 (Total) +75 for Playlist Access Per Year 285.00 (Total) +75 for Playlist Access Per Year
Clinical Complexity Support Add-On (For use when additional clinical time is required due to client crisis, escalation, or urgent emotional/behavioral needs during a scheduled session)	CSW, LMFT,LPC (Master's level) PhD, PsyD (Doctoral level)	45.00 per 15 min 47.50 per 15 min
Interpreter Support: Phone or Virtual (Non-English-speaking parent/caregiver communication) For use during intake, caregiver check-ins, or crisis communication when interpreter services are necessary.	HIPAA Interpreter (coordinated by CATS)	25.00 per 15 min 90.00 per hour

*Included in Outpatient Services & Family Support Services as determined clinically applicable:

- Various family therapy modalities, including Structural Family Therapy, Family Systems Therapy, Multi-modal Family Therapy, etc.
- Parenting Guidance & Education (Including but not limited to support for RAD/FASD/ADHD/ODD/ASD)
- Attachment-Focused Family Therapy Modalities
- Therapeutic Supervision of Visitation
- Consultation with Other Professionals
- Couples Therapy for Parents
- Sand Tray Therapy
- Eye Movement Desensitization & Reprocessing (EMDR)
- Accelerated Resolution Therapy (ART)
- MATCH (Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems)
- Emotional Freedom Technique (EFT)
- Theraplay (filial play therapy)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Cognitive Behavioral Therapy (CBT)
- Dyadic Developmental Psychotherapy (DDP)
- NeuroDevelopmental Movement

**This line item will be charged for the time required to review files, compile & photocopy documentation requested by subpoena.

***The Safe & Sound Protocol involves a daily commitment by the caregiver & the child to engage with a custom protocol spanning the 5 hours of the program. In some cases, the limitations of the client's nervous system may require shorter listening sessions over a longer period of time. The length of time for completion is at the discretion of the clinician & the client.